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Корреспондирующий автор. *Леонтьева Наталия Владимировна, д.м.н., профессор, ФГБОУ «СЗГМУ имени И.И. Мечникова» МЗ РФ, Россия, г. Санкт-Петербург. E-mail: leontyevanv@mail.ru; https://orcid.org/0000-0003-0873-8264.*

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Corresponding author. *Natalia Leonteva V., MD, Professor, North-Western State Medical University named after I.I. Mechnikov, Russia, St. Petersburg. E-mail: leontyevanv@mail.ru https://orcid.org/0000-0003-0873-8264.*

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ANALYSIS OF CLINICAL DECISION SUPPORT SYSTEM TYPES IN OUTPATIENT FACILITIES

***Igor Poluboiartsev, Nurlan Jainakbayev**
NEI «Kazakh-Russian Medical University», Kazakhstan, Almaty

Summary

Clinical Decision Support Systems (CDSS) play a crucial role in improving patient care by providing healthcare providers with valuable information and decision support tools [1]. This research review aims to examine and evaluate the effectiveness and impact of CDSS in outpatient facilities. A comprehensive literature review was conducted to gather relevant studies on CDSS implementation in outpatient settings. The analysis identified various CDSS types, including alerts and reminders, decision rules, and information and education systems. The results indicate that CDSS implementation in outpatient facilities enhances the quality of care, reduces costs, empowers patients, supports clinicians in decision-making, and improves continuity of care. The integration of CDSS with electronic health records streamlines workflow, optimizes resource utilization, and facilitates efficient care coordination. Despite challenges related to integration and ethical considerations, CDSS has the potential to revolutionize outpatient healthcare delivery [2]. Future directions involve advancing interoperability standards, incorporating artificial intelligence, and conducting long-term studies to evaluate the impact on patient outcomes and cost-effectiveness [3]. In conclusion, CDSS in outpatient facilities have significant implications for improving patient care and healthcare processes, with the potential to enhance health outcomes and patient experiences.

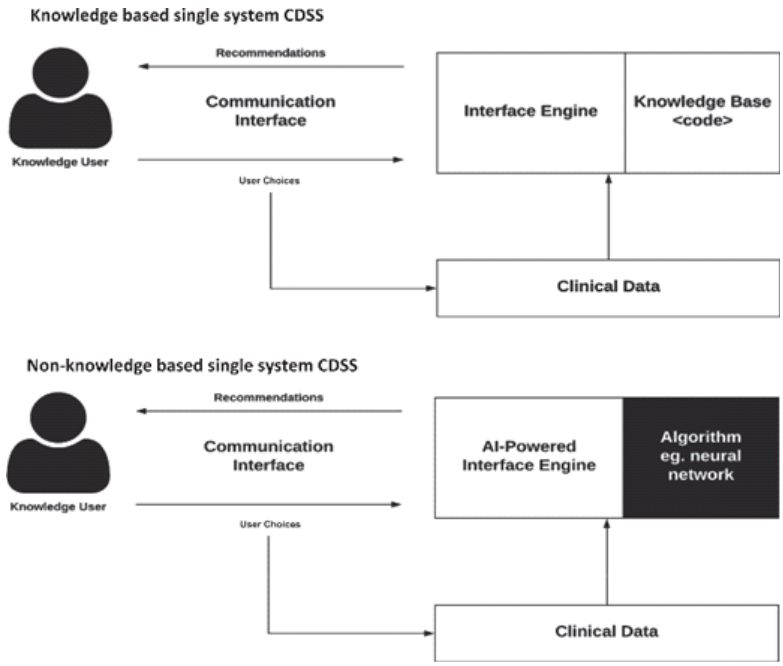
Methods: Literature Review.

Key words: *Clinical Decision Support Systems, CDSS, outpatient facilities, patient care, decision-making, electronic health records, workflow optimization, resource utilization, patient empowerment, healthcare delivery.*

Introduction. Clinical decision support systems (CDSS) are computer-based applications (Fig. 1) that are designed to help healthcare providers make better decisions about patient care. CDSS can provide a variety of information and support to providers, including alerts, reminders, and decision rules [1-4].

CDSS have been shown to be effective in improving patient care in a variety of settings, including inpatient and outpatient facilities. In outpatient facilities, CDSS can be used to improve the quality of care, reduce costs, and improve patient satisfaction [5].

Figure 1. *Clinical decision support systems.*



[Source: Sutton R.T., Pincock D., Baumgart D.C. et al. An overview of clinical decision support systems: benefits, risks, and strategies for success. npj Digit. Med. 3, 17 (2020). https://doi.org/10.1038/s41746-020-0221-y].

The goal of this research review is to examine and evaluate the effectiveness and impact of Clinical Decision Support Systems (CDSS) in outpatient facilities.

There are a variety of different types of CDSS that can be used in outpatient facilities. Some of the most common types of CDSS include [6]:

Alerts and reminders: These CDSS provide providers with alerts and reminders about important patient care tasks. For example, a CDSS might remind a provider to order a follow-up test for a patient who has been diagnosed with a certain condition [7].

Decision rules: These CDSS provide health care specialists with decision rules that can be used to make decisions about patient care. For example, a CDSS might provide a provider with a decision rule that can be used to determine whether a patient is at risk for a certain condition [6; 7].

Information and education: These CDSS provide providers with information and education about patient care. For example, a CDSS might provide a provider with information about the latest treatment options for a certain condition [7].

Clinical Decision Support Systems (CDSS) in outpatient facilities are of great significance due to several reasons:

Enhanced Quality of Care: CDSS can improve the quality of care provided to patients in outpatient settings. These systems are designed to provide healthcare providers with evidence-based guidelines, best practices, and alerts, helping them make informed decisions about patient care. By leveraging the vast amount of medical knowledge and data, CDSS can assist in accurate diagnosis, appropriate treatment selection, and timely interventions, ultimately leading to improved patient outcomes [8].

Cost Reduction: Implementing CDSS in outpatient facilities can contribute to cost reduction. By facilitating the identification of cost - effective treatment options and avoiding unnecessary tests or procedures, CDSS can help optimize resource utilization. Moreover, CDSS can aid in preventing medical errors and adverse events, which can lead to costly complications and hospital readmissions. By ensuring appropriate and efficient care, CDSS can help minimize healthcare expenditures [9].

Patient Empowerment and Engagement: CDSS can empower patients by providing them with personalized information and education about their health conditions and treatment options. Patient-facing CDSS tools can enable individuals to actively participate in their care decisions, understand the implications of different choices, and adhere to prescribed treatments. This increased engagement can lead to better patient satisfaction, improved health outcomes, and a more patient-centered healthcare experience [10].

Decision Support for Clinicians: Outpatient facilities often face a high volume of patients and time constraints, making it challenging for healthcare providers to stay updated with the latest research and guidelines. CDSS can serve as a valuable tool for clinicians, offering real - time decision support at the point of care. By providing relevant information, reminders, and alerts, CDSS can assist healthcare providers in making accurate and evidence-based decisions, reducing the likelihood of errors and improving overall clinical practice [11].

Continuity of Care: CDSS can contribute to better continuity of care in outpatient settings. With the ability to access patient data and historical information, CDSS can support healthcare providers in understanding the patient's

medical history, prior diagnoses, and treatment responses. This holistic view of the patient's health status can aid in delivering personalized care, ensuring appropriate followups, and avoiding duplication of tests or treatments [12].

In summary, the implementation of CDSS in outpatient facilities is crucial as it can enhance the quality of care, reduce costs, empower patients, support clinicians in decision-making, and improve the continuity of care. By leveraging technology and evidence-based algorithms, CDSS has the potential to revolutionize outpatient healthcare delivery, leading to better health outcomes and improved patient experiences.

Methods. Literature Review: To investigate the implementation of Clinical Decision Support Systems (CDSS) in outpatient settings, an extensive review of relevant academic journals, conference proceedings, research papers, and authoritative sources was conducted. The aim was to gather existing studies and information on CDSS utilization and its impact on outpatient care.

The literature review process involved comprehensive searches in electronic databases renowned for their extensive coverage of healthcare research, including PubMed, Scopus, and Google Scholar. Keywords and search terms relevant to CDSS, outpatient care, and related concepts were carefully selected to ensure a focused and comprehensive search strategy [13].

The search strategy encompassed a combination of Medical Subject Headings (MeSH) terms, specific keywords, and Boolean operators. MeSH terms such as "Clinical Decision Support Systems," "Outpatient Care," and "Health Information Technology" were used to capture relevant articles indexed with these terms. In addition, specific keywords like "CDSS," "outpatient clinics," "ambulatory care," and "electronic health records" were included to broaden the search scope.

The selected articles were carefully reviewed, and relevant information was extracted. Key data points included study characteristics (e.g., author, publication year, study design), CDSS implementation details (e.g., system features, integration process), outcomes assessed (e.g., clinical effectiveness, efficiency, patient satisfaction), and any statistical analyses performed. The extracted data formed the basis for the subsequent analysis and synthesis of findings.

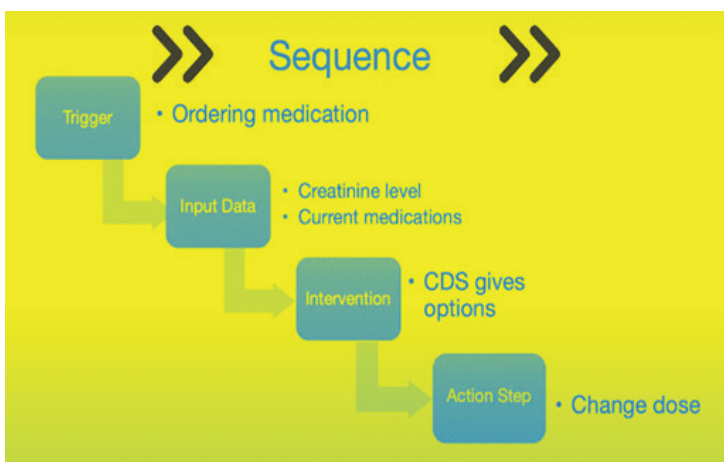
Discussion. The analysis of clinical decision support system (CDSS) types in outpatient facilities reveals several key insights and implications for healthcare practice. This discussion section highlights the findings and their significance in improving patient care, optimizing workflow, and enhancing clinical decision-making processes.

Variety of CDSS Types. The analysis identified a range of CDSS types utilized in outpatient facilities, including rule-based systems, machine learning algorithms, and clinical practice guidelines. Each type offers distinct advantages and limitations. Rule-based systems provide real-time alerts and reminders based on predefined rules, ensuring adherence to guidelines and best practices. Machine learning algorithms enable CDSS to learn from patient data and provide personalized recommendations. Clinical practice guidelines-based systems offer evidence-based recommendations and help standardize care [14].

Impact on Clinical Decision-Making. The findings indicate that CDSS implementation positively impacts clinical decision-making in outpatient settings. By providing healthcare providers with timely and relevant information, CDSS helps improve diagnostic accuracy, treatment selection, and adherence to guidelines. The availability of decision support tools at the point of care facilitates evidence-based practice and reduces the risk of medical errors [11; 14].

Improving Efficiency and Workflow. CDSS implementation in outpatient facilities has demonstrated the potential to optimize workflow and increase efficiency. The integration of CDSS with electronic health records (EHRs) streamlines data retrieval, enhances documentation, and reduces the time spent on manual information gathering. CDSS also aids in prioritizing patient needs, identifying high-risk cases, and facilitating care coordination among multidisciplinary teams [15] and also help to administration of medications (Figure 2).

Figure 2. *Example of Improving Efficiency and Workflow.*



[Source: Made by author]

Challenges and Limitations. While CDSS offers substantial benefits, several challenges and limitations need to be addressed for successful implementation. One challenge is the integration of CDSS into existing healthcare systems and workflows. Ensuring seamless interoperability and compatibility with EHRs and other clinical applications is crucial. Additionally, the reliance on accurate and up-todate data is essential for the effectiveness of CDSS, highlighting the importance of data quality and interoperability standards [16].

Ethical Consideration. The use of CDSS raises ethical considerations, such as patient privacy, data security, and the potential for overreliance on technology. It is crucial to establish robust data governance policies, ensure informed consent, and maintain patient confidentiality while utilizing CDSS in outpatient settings. Striking a balance between technology - driven decision support and the clinical judgment of healthcare providers is vital to maintain patientcentered care [14; 16].

Future Directions. As CDSS continues to evolve, future research and development should focus on addressing the identified limitations and exploring new avenues for improvement. This includes advancing interoperability standards, integrating artificial intelligence and natural language processing capabilities, and leveraging big data analytics for more accurate decision support. Additionally, evaluating the long-term impact of CDSS imple mentation on patient outcomes, cost-effectiveness, and provider satisfaction will further contribute to evidence- based practice [14; 16].

In conclusion, the analysis of CDSS types in outpatient facilities highlights their significant impact on clinical decision-making, workflow optimization, and patient care. Despite challenges, the benefits of CDSS implementation outweigh the limitations. With careful attention to ethical considerations and future advancements, CDSS has the potential to transform outpatient healthcare delivery, leading to improved outcomes, increased efficiency, and enhanced patient experiences.

Results. The research findings reveal that the implementation of clinical decision support systems (CDSS) in outpatient facilities has a positive impact on patient care and clinical decision-making processes. Outpatient facilities utilize various types of CDSS, including rule-based systems, machine learning algorithms, and clinical practice guidelines-based systems. These CDSS types assist healthcare providers in improving diagnostic accuracy, treatment selection, and adherence to guidelines. The integration of CDSS with electronic health records (EHRs) optimizes workflow, enhances documentation, and facilitates efficient care coordination. Despite the benefits, challenges exist, such as the need for seamless integration with existing healthcare systems and addressing ethical considerations related to patient privacy and data security. Future directions include advancing interoperability standards, incorporating artificial intelligence and natural language processing capabilities, and conducting long-term studies to evaluate the impact on patient outcomes and cost-effectiveness. The findings emphasize the importance of addressing challenges while exploring the potential of CDSS in outpatient facilities to enhance healthcare delivery and promote evidence-based practice [1; 14; 16].

Conclusion. The analysis of Clinical Decision Support Systems (CDSS) in outpatient facilities reveals their significant importance in improving patient care, optimizing workflow, and enhancing clinical decision-making processes. CDSS types, including rule-based systems, machine learning algorithms, and clinical practice guidelines-based systems, offer unique advantages in supporting healthcare providers. Implementation of CDSS positively impacts clinical decision-making, leading to improved diagnostic accuracy, treatment selection, and adherence to guidelines. Furthermore, CDSS integration with electronic health records (EHRs) streamlines workflow, enhances documentation, and facilitates care coordination [14; 15; 16].

While the implementation of CDSS brings numerous benefits, challenges must be addressed. Seamless integration with existing healthcare systems and consideration of ethical aspects, such as patient privacy and data security, are crucial. Future directions for CDSS development involve advancing interoperability standards, incorporating artificial intelligence and natural language processing capabilities, and conducting long-term studies to evaluate patient outcomes and cost-effectiveness.

Overall, the findings underscore the importance of CDSS in outpatient facilities for enhancing healthcare delivery, promoting evidence-based practice, and improving patient experiences. CDSS has the potential to revolutionize outpatient care by leveraging technology, evidence-based algorithms, and data-driven decision support, leading to better health outcomes and increased efficiency. By addressing challenges and leveraging future advancements, CDSS can contribute to transforming the landscape of outpatient healthcare.

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АМБУЛАТОРИЯЛЫҚ ПРАКТИКАДА КЛИНИКАЛЫҚ ШЕШІМ ҚАБЫЛДАУҒА КӨМЕК КӨРСЕТУ ЖҮЙЕЛЕРІН ТАЛДАУ

***И.О. Полубоярцев, Н.Т. Джайнакбаев**
«Қазақстан-Ресей медициналық университеті» МЕББМ, Қазақстан, Алматы

Түйінді

Клиникалық қарапайымдылықтық дайындалу жүйесі (CDSS) сауаттылық көлемін арттыруда критикалық рөл атқаратын, сараптамаларға ақпарат және қарапайымдылықты қолдаушыларға ақпарат және қарапайымдылықты қолдаушыларға арналған көмек көрсету арқылы пациенттік деректерді жақсартатын CDSS қажетті рөлін ойлайды [1]. Бұл зерттеу талдауы клиникалық қарапайымдылықтық дайындалу жүйесінің әсерліліктілігін, кез келген клиникалық тапсырмалы жердең реализациясын тексеру және бағалау мақсатында қамтамасыз етеді. Клиникалық дайындалу жүйесінің реализациясына арналған өзара байланыс түрлерінің (білдірмелер мен еске алып жасаулар, тапсырма тегіндері мен ақпарат және білім беру жүйесі) зерттеу нәтижелері CDSS қажетті көлемін жақсартатындығын көрсетеді. Нәтижелер клиникалық дайындалу жүйесінің реализациясының деректердің сапасын арттыру, қағаздарды тасымалдау, пациенттерді мүгедек болату, докторларға көмек көрсету мен дайындалудың сақтандырусын жақсартатуын көрсетеді. Клиникалық дайындалу жүйесінің электронды деректерлермен бірлесуі ақпараттық әзірле.

Әдісі: Әдебиеттегі талдау.

Кілт сөздер: *Клиникалық қарым-қатынас системалары, CDSS, ауызаша клиника, пациенттік қызмет, қарапайымдау, электронды сауле жазбалар, жұмыс процессін оптималдандыру, ресурс пайдалану, пациенттік қуатты боландыру, сауле жеткізу.*

АНАЛИЗ СИСТЕМ ПОМОЩИ В ПРИНЯТИИ КЛИНИЧЕСКИХ РЕШЕНИЙ В АМБУЛАТОРНОЙ ПРАКТИКЕ

***И.О. Полубоярцев, Н.Т. Джайнакбаев**
НУО «Казахстанско-Российский медицинский университет», Казахстан, г. Алматы

Аннотация

Системы помощи принятия клинических решений (CDSS) играют важную роль в улучшении медицинской помощи пациентам, предоставляя медицинским работникам ценную информацию и инструменты для принятия решений [1]. Цель данного исследования - исследовать и оценить эффективность и влияние CDSS в амбулаторных учреждениях. Был проведен комплексный обзор литературы для сбора соответствующих исследований о внедрении CDSS в амбулаторной практике. В ходе анализа были выявлены различные типы КСПП, включая системы оповещений и напоминаний, правила принятия решений, а также системы информации и образования. Результаты показывают, что внедрение CDSS в амбулаторных учреждениях повышает качество медицинской помощи, снижает затраты, дает большую силу пациентам, поддерживает медицинских специалистов в принятии решений и улучшает непрерывность медицинской помощи. Интеграция CDSS с электронными медицинскими записями оптимизирует рабочий процесс, улучшает использование ресурсов и облегчает координацию ухода за пациентами. Несмотря на сложности, связанные с интеграцией и этическими вопросами, CDSS имеет потенциал для революционизации предоставления амбулаторной медицинской помощи [2]. Перспективы развития включают продвижение стандартов взаимодействия, использование искусственного интеллекта и проведение долгосрочных исследований для оценки влияния на результаты лечения пациентов и стоимостную эффективность [3]. В заключение CDSS в амбулаторных учреждениях имеют значительное значение для улучшения медицинской помощи пациентам и процессов в здравоохранении, с потенциалом для улучшения результатов лечения и опыта пациентов.

Методы: Обзор литературы.

Ключевые слова: *Системы поддержки принятия клинических решений, CDSS, амбулаторные учреждения, принятие решений, электронные медицинские записи, оптимизация рабочего процесса, использование ресурсов.*

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Корреспондирующий автор. *Полубоярцев Игорь Олегович, НУО «Казахстанско-Российский медицинский университет», Казахстан, г. Алматы. E-mail: deymonp@gmail.com; https://orcid.org/0000-0003-2696-5241; SPIN: 4223-7877.*

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Corresponding author. *Poluboiartsev Igor O., NEI «Kazakh-Russian Medical University», Kazakhstan, Almaty. E-mail: deymonp@gmail.com; https://orcid.org/0000-0003-2696-5241; SPIN: 4223-7877.*

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